

*Daniel M. Schwartz, D.M.D., M.D.*  
*Oral and Maxillofacial Surgery*

Patient Name: \_\_\_\_\_ Appt. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time: \_\_\_\_\_ am/pm

## **PRE-ANESTHESIA INSTRUCTIONS**

### **EATING AND DRINKING**

Do not eat or drink anything for **six (6) hours** before your scheduled appointment. **This includes water and coffee.** Patients scheduled for morning procedures should not have any food or liquids after midnight. Those patients scheduled for afternoon procedures should only have clear liquids for breakfast, provided this type of breakfast is consumed a full six (6) hours before the scheduled afternoon appointment.

### **MEDICATIONS**

Medications normally taken should still be taken, unless otherwise instructed by the Doctor. **Any medications taken should be taken with only a small sip of water.**

### **CLOTHING AND MAKEUP**

Casual clothing with **short sleeves** is desirable, to allow easy placement of the monitors. **Please do not wear dark fingernail polish, gel or acrylic nails** at the time of your scheduled procedure, as this interferes with the oxygen sensors. **NO contact lenses** the day of surgery.

### **CHANGE IN HEALTH**

Any changes in your health, especially the development of a cold or a fever, should be reported to our office before you arrive for your scheduled appointment. For your safety, you may be re-scheduled for a different day. Once again, it is very important that you inform our office of any change in your health prior to your appointment.

### **ARRIVING FOR APPOINTMENT AND GETTING HOME**

Please arrive about 10 Minutes early for you scheduled procedure. **A responsible adult must drive you to our office and they must remain present for your entire surgery.** Do not drive, operate potentially dangerous equipment or make any important decisions for twenty-four (24) hours after your surgery. **Arriving or departing in a bus, taxi or uber is unacceptable unless you also have a responsible adult here with you for the procedure.**

### **HOME**

**A responsible adult should remain with you for at least twenty-four (24) hours.**